

# Contents

<i>Maṅgalaśloka</i>	vii
<i>Preface</i>	x
<i>Acknowledgements</i>	xi
<i>Facsimile by Swami Lakshman Joo</i>	xiii
<b>Part I: Introduction and Interpretation</b>	
<b>1. Introduction</b>	<b>3</b>
Titles	4
Revelation and Transmission of the Tantra	4
Kṣemarāja, the Commentator	6
Research on the Netra Tantra	8
The Context: Śaiva Yoga	12
Table 1.1: Yogāṅgas – Comparative Table*	13
Terminology and Description of the Subtle Body	17
The Mantra and Its Importance in Yoga	18
The Appendices	19
Iconography of the Trinetra	19
Contents of Netra Tantra	20
<b>2. The Eye of Śiva Chapter I</b>	<b>21</b>
The Trika Dynamism (1.1-2)	21
The Divine Dialogue (1.5-12)	23
The (Third) Eye of Śiva (1.13-22ab)	25
The Eye as the Supreme Power: 1.22cd-34ab	27
The Conqueror of Death, the Liberator from Suffering (1.34cd-37)	30
The Power of the Eye (1.38-48ab)	31
<b>3. The Netramantra and its Practice Chapters II, III, VI</b>	<b>33</b>

Compassion as Motive for Revelation of the Netramantra: Chapter II	33
The Ritual Context of the Mantra: Chapter III	37
The Corporeal Yoga, Sthūla-dhyāna: Chapter VI	35
A Summary of the Three Upāyas	39
<b>4. The Subtle Yoga, Sūkṣma-dhyāna Chapter VII</b>	<b>41</b>
Structures of the Subtle Body (7.1-5)	41
Creating a Divine Body Through Kula-prakriyā (7.6-16)	49
A Brief Outline of the Process of Kula-prakriyā	50
Ascent and Descent of the Energy Through Tantra-prakriyā (7.16cd-29)	55
The Spear of Awareness (7.30-32ab)	58
Discovery of Khecarī-mudrā: 7:32cd-39	60
Manifestation of the Supreme Energy (7.40-44)	63
Flooding the Body with Nectar (7.45-53)	64
<b>5. The Supreme Yoga, Para-dhyāna Chapter VIII</b>	<b>67</b>
The Supreme Goal (8.1-9)	67
Reinterpretation of Aṣṭāṅga-yoga (8.10-20)	71
Transcendence of the Yogī (8.21-28)	76
The Necessity of Śakti (8.29-36)	78
The Highest State of the Yogī (8.37-40)	81
The “Means” to Attain the Śāmbhava State (8.41-47)	84
Vanquishing Time/Death (8.48-53)	86
Universality of the Means (8.54-57)	87
The King of Mantras (8.58-68)	89
Universalism of the Netra: Chapter IX	90
<b>6. The Role of Yoginīs in Yoga Chapter XX</b>	<b>95</b>
<b>7. The Mantra Unveiled Chapters XXI-XXII</b>	<b>105</b>
Trika Theory of Mantra (Chapter XXI)	106
The Amṛteśamantra (Chapter XXII)	115
Summary	125
<b>8. Conclusion</b>	<b>127</b>

**Part II: Text and Translation**

<b>1. Chapters I, VII and VIII: Sanskrit Text</b>	<b>133</b>
प्रथमोऽधिकारः	133
सप्तमोऽधिकारः	137
अष्टमोऽधिकारः	140
<b>2. Chapters I, VII and VIII: Transliteration</b>	<b>147</b>
<b>Chapter I</b>	<b>147</b>
<b>Chapter VII</b>	<b>150</b>
<b>Chapter VIII</b>	<b>154</b>
<b>3. Chapters I, VII and VIII: Translation</b>	<b>159</b>
Chapter I	159
Chapter VII	164
Chapter VIII	178
<b>Appendix 1: The Spiritual Eye in the Christian Mystical Traditions: A Cross-cultural Reflection</b>	<b>195</b>
<b>Appendix 2: Iconography</b>	<b>206</b>
<i>Bibliography</i>	207
<i>Index-cum-Glossary</i>	